

PrivaTest

Welcome To The World Of Custom Nutrition

Congratulations!

By deciding to make **Bioceutica®** your health partner and by investing in this **PrivaTest®** kit, you are joining the growing number of people who enjoy the vibrant sense of wellness that is the hallmark of customized nutrition. The cutting-edge test you are holding in your hands will provide insight into HOW efficiently three of your vital biochemical pathways are working today and provide the metabolic information to create your custom-nutrition formula — Custom Essentials.

It Starts with the PrivaTest

Bioceutica's PrivaTest takes the confusion out supplementing with an easy, in-home urine collection and an analysis by a world-renowned laboratory. The test determines cellular function by measuring urinary markers in three critical areas of your metabolism:

- ***Sulfate*** - A marker for sulfur reserves, used in clearing toxins from the body.
- ***Asymmetric Dimethyl Arginine (ADMA)*** - A marker for the regulation of nitric oxide, a regulator of the immune, nervous, and cardiovascular systems.
- ***8-hydroxy-2-deoxyguanosine (DOG)*** - A marker for oxidative-stress repair in your DNA.

Your PrivaTest specimen will be analyzed through a state-of-the-art laboratory process to reveal how efficiently your body utilizes nutrients in these three key areas of metabolism. Based on your PrivaTest results, your Custom Essentials formula will provide the customized level of nutritional support YOU need.

Your PrivaTest Kit Contains

- 3 test tubes with pre-printed Test ID labels
 - Instructions for collecting your specimen
 - PrivaTest Questions Form
 - Test Request Form (TRF)
 - Absorbent pad
 - Koolit gel pack
 - Prepaid Federal Express package and label for shipping your test kit
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Your Test ID Number

You'll notice that Bioceutica assigns each PrivaTest an **exclusive test identification number (Test ID)**. This number is found on the PrivaTest Activation Form, your TRF, and on your test tubes. We use this confidential ID-number-turned-bar code to track your results through the entire process, ensuring precision accuracy throughout the lab's analytical procedures and the privacy and custom formulation of your Custom Essentials.

Three Simple Steps for Completing Your PrivaTest

1) **PREP** — *The day before specimen collection*

- Choose your Prep Day; from Sunday through Wednesday
- Put the Koolit pack in the freezer.
- Fill out the PrivaTest Questions, which are used to help create your Custom Essentials. Please do not send your answers to the lab with your sample. You may call Customer Care at 800-423-1926 and speak to one of our representatives or you may also answer the questions by logging in to your virtual office. Or you may email the answers to: CustomerCare@Bioceutica.com.
- Write your first name, last name, & phone number on each test tube's yellow label.
- *Completely* fill out your TRF and place in the bottom of the kit box
- Tonight, before you go to bed, place your urine-collection cup on the toilet seat as a reminder to collect your first morning urine tomorrow when you wake up.
- Minimize drinking fluids after 8:00 pm tonight (taking a few sips with medication is OK).

2) **TEST** — *Specimen Collection*

- Your Collection (and Shipping) Day will be the day after your chosen Prep day; *Monday through Thursday ONLY*.
- Upon awakening, fill the collection cup with urine, up to the top line.

- Follow the steps on the **PrivaTest** Instructions sheet on how to fill the test tubes (after filling, throw away cup and extra urine).
- Snap the labeled test tubes back into the plastic tray.
- Place the absorbent pad on top of the test tubes and snap the plastic tray SHUT!

NOTE: If not shipping that day, place tray into freezer and ship frozen as soon as possible.

3) **SHIP** — *On collection day*

- Peel backing from prepaid FedEx Billing Stamp (save receipt) & stick on FedEx bag.
- Place the frozen Koolit pack on top of plastic tray, over the test tubes.
- Place the tray into kit box & close.
- Place box into FedEx bag and seal
- Place in a FedEx drop box OR call 800-238-5355 for pickup (may be left outside front door in shade).

That's all there is to it!

Your individualized Custom Essentials blend will be in your hands just a few weeks after sending your completed PrivaTest in for analysis. Until then, continue taking Prime Essentials® to help prime your body for the introduction of custom supplements. Please note, you will automatically receive Prime Essentials, and you will be charged for them each month, until you send in your PrivaTest and begin receiving your Custom Essentials.